

Is daily-life stress impacting your everyday life?

If you are over 18 years old, you may be eligible to participate in this research study.

Stress levels monitoring using non-invasive wearable watches

We are looking for healthy volunteers (adults 18 year and older) who experience stress during their daily routine or has been through any stressful event

Participants will be asked to perform:

- 3 different time-constraint tasks with 6 min break in-between each task
- Fill out 2 questionnaires at the start and at the end of the experiment session
- Give two saliva samples
- The overall study will take almost 45-60 minutes.
- At the commencement of the experiment, you will be informed of the
 - order of phases
 - the duration of each phase
 - what you require to do in each phase

Location

- Clinical Research Facility, University Hospital Galway, Ireland

Are you eligible?

- Healthy with no kind of disease
- Aged between 18 and 75 years
- Able to complete both questionnaire and stress tasks in the English language
- Able to provide informed consent

BENEFIT

- Betterment of the overall healthcare system as well as the device manufacturing industry

Note: The study only requires wearing a wrist-worn watch. There will be no blood collection, no needles, no pills, no medications. The study is completely non-invasive.



For participation email a member of the study team:

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For further detail,
scan the QR code



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